The following update on Backpack Blessings is from Ruth Powers

Friends,

In response to the nutrition needs of children in our area due to the Coronavirus, Backpack Blessings will be holding food distributions on March 27 at each of our summer distribution sites for families in our area who are identified as living in food insecure homes. We will continue these food distributions every two weeks until they are no longer needed.

We need your help!! On the next page are some ways that you can make a difference.

1. Food donations

We are asking for food donations of specific foods to go in our food boxes to supplement what we have already ordered. These foods are:

- Canned fruits and vegetables
- Canned soups
- Tuna or other canned meat
- Boxes of pasta (any kind)
- peanut butter
- jelly (no glass)
- brownie or cookie mix
- ramen noodles
- Food Lion Gift cards

These donations can be brought to Garber UMC (4202 Country Club Road) from 10:00am - noon starting Thursday,

March 19 and continuing every M-F after that. You will just need to drive by with your donations. There will be board members to unload your car.

You can also order food items online and have them shipped directly to Garber.

2. Monetary donations are needed and appreciated! You can give to your local church to their Backpack Blessings Fund, donate at our website (backpackblessings.com), or mail a check directly to...

Backpack Blessings, Inc. PO Box 1675 New Bern, NC 28563

3. PRAY! For our children, and for their families, and for our communities! If

you have any questions, please do not hesitate to call or email me at:

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"He who dwells in the shelter of the Host High, Will rest in the shadow of the Almighty. I will say of the Lord, He is my refuge and my fortress, My God in whom I trust."

Psalm 91:1-2